



# The Mead School

Infants | Toddlers | Preschool | Pre-Kindergarten - Grade 8

## SPRING 2018 AFTER SCHOOL PROGRAM

### Monday | Improv with Joy Lenters

Grades 6 - 8  
3:30 - 5:00 PM  
7 Weeks: 4/2 - 5/14  
Max Students: 15; Min. Students: 5  
Cost: \$315



Acting in the box....outside of the box!! Improv scenes and games will open up your acting genius.

### Tuesday | Graffiti Art with Adam Ellyson

Grades 2 - 8  
3:30 - 5:00 PM  
7 weeks: 4/3 - 5/15  
Max Students: 15; Min. Students: 5  
Program Cost: \$335



Kick start your interest in spray painting and the popular culture of graffiti art. Class covers the history of graffiti with projects aligning all different styles and current techniques, such as tagging, political sidewalk stencils, Banksy and much more.

### Wednesday | Yoga with Children's School of Yoga

Grades K - 5  
3:30 - 4:30 PM  
7 weeks: 4/4 - 5/23 (No Class 4/25)  
Max Students: 15; Min. Students 5  
Program Cost: \$210



Join us on the mat at Mead! At The Children's School of Yoga we have been teaching yoga to children for over 10 years. Children enjoy our theme-based lesson plans while learning yoga postures, breathing exercises, mindfulness techniques and creative journaling. We strive to create an engaging learning environment where students receive the benefits of yoga and mindfulness including focus, flexibility, stress reduction, increased confidence and self-regulation skills. Mats and props provided. Comfortable clothes recommended.

### Thursday | Movie Making 101 with Darleen Hickok

Grades K - 5  
3:30 - 5:00 PM  
7 weeks: 4/5 - 5/17  
Max Students: 15; Min. Students 5  
Program Cost: \$315



Have you ever wanted to make your own movie? You can learn how! Brainstorm Ideas, create a storyboard, shoot your film, learn how to edit it, add music and share it with the community!

### Friday | Wiffle Ball with Frank Pollifrone

Grades 3 - 8  
3:30 - 4:30 PM  
5 weeks: 5/4 - 6/8 (No Class 5/25)  
Max Students: 15; Min. Students 5  
Program Cost: \$150



The Mead School's first ever Wiffle Ball Club! That's right folks, not only is it a great outside activity, Wiffle Ball was voted into the Toy Hall of Fame for its popularity in American Culture. Students will learn official wiffle ball rules, build a homerun wall and learn how to pitch that famous curve ball every wiffle baller knows so well. The weather will be getting nicer so let's get outside!!

[WWW.MEADSCHOOL.ORG/AFTERSCHOOL](http://WWW.MEADSCHOOL.ORG/AFTERSCHOOL)

1095 Riverbank Road, Stamford, CT 06903 | 203-595-9500 | meadschool.org